Please Read Carefully and Sign On the Appropriate Age Group Form

In consideration for allowing me to compete in the **32nd Annual Ilion Days Don Taylor Memorial 800 Meter Run/Walk**, sponsored by the YMCA of the Mohawk Valley and the Ilion Days Committee, I hereby waive any liability that the sponsors may have to me arising out of participation in this year's Run/Walk. Furthermore, I hereby agree to hold harmless the YMCA of the Mohawk Valley, the Ilion Days Committee, and all sponsoring parties for any damage, either physical, personal, or property, which may occur to me, my property, or equipment which may arise in relation to my participation in this event. I am aware that participation in this Run/Walk may present a strain to my body or its parts, and by signature below, I attest that to the best of my knowledge, I am in good physical health and believe I am in condition to enter this event.

Participants under 18 years of age, **MUST** have a parent/guardian signature as well.