

# 38th ANNUAL ILION DAYS

## Around Town 5K Run/Walk Registration Form

### RACE – July 20, 2024

Registration Fee: \$12 Postmarked by 7/15/24 / \$15 After 7/15/24

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email Address \_\_\_\_\_

Age \_\_\_\_\_ Sex: M or F

Shirt Size:  Small  Medium  Large  Extra Large

In case of emergency or other problem, please notify:

Name \_\_\_\_\_ Phone \_\_\_\_\_

Check One  Run  Walk

**Please Read Carefully and Sign Below.**

In consideration for allowing me to compete in the 38th Annual Ilion Days Around Town 5K Run/Walk, sponsored by the Ilion Days Committee, I hereby waive any liability that the sponsors may have to me arising out of participation in this year's run/walk. Furthermore, I hereby agree to hold harmless the Ilion Days Committee, and all sponsoring parties for any damage, either physical, personal, or property, which may occur to me, my property, or equipment which may arise in relation to my participation in this race.

I am aware that participation in this race may present a serious strain to my body or its parts, and by signature below, I attest that to the best of my knowledge, I am in good physical health and believe I am in condition to enter this event.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature of Parent of Guardian \_\_\_\_\_ Date \_\_\_\_\_

Return form to:  
Betty Jean Postiglione  
Ilion Days Run/Walk Committee  
8 Fourth Street, Ilion, NY 13357  
315-894-2308

Directors:  
Laurie & Clark  
Scharett



Checks Payable to: Ilion Days

Registration: Saturday-July 20, 2024 • 7 to 8 AM Ilion Library Walkers start at 8AM, Runners shortly after by Ilion Marine Corps.